

# Curriculum Review Summary Report California Healthy Youth Act

## Published Curriculum

<p><b>Curriculum Title:</b> <u>Making Proud Choices! An Evidence-Based, Safer-Sex Approach to Teen Pregnancy and HIV/STD Prevention: California Edition</u></p> <p><b>Edition/Version:</b> <u>California Edition</u>      <b>Printing (Year):</b> <u>2016</u></p> <p><b>Author(s):</b> <u>Loretta Sweet Jemmott, PhD, RN, FAAN, John B. Jemmott III, PhD, Konstance A. McCaffree, PhD, CSE, Pamela M. Wilson, MSW</u></p> <p><b>Website/contact:</b> <u><a href="http://www.etr.org/ebi/programs/making-proud-choices/#population">http://www.etr.org/ebi/programs/making-proud-choices/#population</a></u></p>	<p><b>Grades:</b> <u>Middle School &amp; High School</u></p> <p><b>Number of lessons:</b> <u>14</u></p> <p><b>Cost:</b> <u>\$648</u></p> <p><b>Training offered:</b> <u>Yes</u></p>
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Criteria	Description	Compliance Assessment	Determination and Recommendations <small>Action/Curriculum adaptation needed to meet CHYA requirements.</small>
<b>A. CA Education Code Requirements starting Jan. 2016, CA Healthy Youth Act</b>			
<b>Alignment with and Support of CHYA Purposes</b>	<b>All instruction and materials must align with and support the purposes of the California Healthy Youth Act. EC § 51933 (c)</b>  All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of <b>Section 51930</b> and may not be in conflict with them.	(1) To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.  [Reference: Instruction and Materials]	<b>Compliant:</b> Yes
		(2) To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.  [Reference: Instruction and Materials]	<b>Compliant:</b> No, needs major modification.  Missing: adolescent growth and development, body image. Minimal information on gender, marriage, and family.
		(3) To promote the understanding of sexuality as a normal part of human development.  [Reference: Instruction and Materials]	<b>Compliant:</b> Yes
		(4) To ensure pupils receive integrated,	<b>Compliant:</b> Yes

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		<p>comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.</p> <p>[Reference: Instruction and Materials]</p>	<p><b>Comments:</b></p> <p>Good teacher/facilitator tools &amp; resources in the appendix.</p>
		<p>(5) To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behavior.</p> <p>[Reference: Instruction and Materials]</p>	<p><b>Compliant:</b> Yes</p>

### B. Instruction and Materials EC § 51933

1	<b>Age Appropriate Material</b>	<b>Instruction and materials shall be age appropriate.</b> <b>EC § 51933(a)</b>	<p>“Age appropriate” is refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on cognitive, emotional, and behavioral capacity typical for the age or age group.</p> <p><b>EC § 51931(a)</b></p>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>Needs more differentiation between middle school and high school. Age appropriate for high school.</p> <p>There are topics, messages &amp; teaching methods that may not be age appropriate for the middle school ages 12-14 years old:</p> <ul style="list-style-type: none"> <li>Animated video on condoms shows characters having sex in different sexual positions.</li> <li>Lesson 11 Objective: Identify ways to make condoms more pleasurable part of the sexual experience</li> <li>Lesson 8 p. 137 discusses condoms on sex toys.</li> </ul>
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2	<b>Medically Accurate and Objective Information</b>	<b>All factual information presented shall be medically accurate and objective.</b> EC § 51933(b).	“Medically accurate” means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field such as the federal Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists.”  EC § 51931(f)	<b>Compliant:</b> No, needs modification.  <b>Comments:</b>  <b>Full and detailed medical reviews have been given directly to the publisher/author.</b>  This curriculum contains one or all of the following: outdated information, inaccurate information, and/or uncited data.  Per Education Code 51931(f), refer to the listed agencies’ current websites for the most medically accurate and objective information.
3	<b>Inclusivity Appropriate</b>	<b>Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities, and English learners.</b> EC § 51933(d)(1)		<b>Compliant:</b> Yes  <b>Comments:</b>  This curriculum needs more examples/representation of all gender identities and sexual orientations intentionally threaded throughout the curriculum. A note to teachers to make material inclusive is not sufficient.  MPC has an overall strength of providing a more complete representation of youth of color in videos than other curricula in the review.
4	<b>English Learners</b>	<b>Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code.</b> EC § 51933(d)(2)		<b>All local educational agencies are required to ensure that curricula, including homework, are available to all student populations in primary language determined by previous year’s language census data.</b>
5	<b>Youth with Disabilities</b>	<b>Instruction and materials shall be made accessible to pupils with disabilities, including, but not limited to, the provision of a modified</b>		<b>All local educational agencies are required to ensure that curricula, including homework, are available to all students in formats and modalities that meet their</b>

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		curriculum, materials and instructions in alternative formats, and auxiliary aides. EC § 51933(d)(3)		students' specific instructional needs.
6	Unbiased Instruction	Instruction and materials shall not reflect or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any category protected by Section 220. EC § 51933(d)(4)		Compliant: Yes
7	Sexual Orientation	Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive of same-sex relationships. EC § 51933(d)(5)	Affirmatively recognize that people have different sexual orientations.	Compliant: No, needs major modification.  <b>Comments:</b> Most of this content is in the appendices and optional. Content needs to be included within the instruction in order to be compliant. LGBTQ role plays and information is relegated to the optional section and not incorporated into the required content does not affirm people with different sexual orientations.
			Provides examples of relationships and couples that are inclusive of same-sex relationships.	Compliant: No, needs minor modification.  <b>Comments:</b> Sexual orientation and LGBTQ couples are mostly found in optional activities and lessons. Need to add these optional activities and appendices into required curriculum.  Need to include videos with examples of same sex couples. The videos are a large part of the curriculum and there needs to be equal representation, even if the language in the curriculum is generally gender neutral.  Although the curriculum uses some gender neutral names, some examples should be more clearly same-sex relationships.

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			Includes discussion of relationships and couples that are inclusive of same-sex relationships.	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>Add appendices with same sex couples into required curriculum.</p>
8	Gender	<p>Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes.</p> <p>EC § 51933(d)(6)</p>	Teaches about gender, gender expression, gender identity, and explores the harm of negative gender stereotypes.	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>No discussion on gender, gender expression, gender identity. On page 36 for the introduction activity there is a preferred pronoun activity.</p> <p>Transgender is explained in appendices and should be included in the instruction. Also needs more information on gender expression and the harm of negative gender stereotypes.</p>
9	Adolescent Development and Body Image	<p>Instruction provides pupils with the knowledge and skills to develop healthy attitudes concerning adolescent growth and development and body image.</p> <p>EC § 51930(a)(2)</p>	Teaches and promotes healthy attitudes about adolescent development and body image.	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>There is an optional activity in the appendix on page 269 that discusses puberty; this should be moved to required instructional content. No discussion on body image.</p>
10	Communication with Parents, Guardians, Trusted Adults	<p>Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so.</p> <p>EC § 51933(e)</p>	Encourages communication with parents, guardians or other trusted adults about human sexuality.	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>There is no parent/trusted adult homework or activity. There is a video in Module 4 that demonstrates parent/child communication (however, the parent does all the talking, the son is not very receptive to the conversation) but this is not the same as encouraging youth to talk with their parents. There are no activities or an in-depth discussion in the curriculum about the benefits of talking with a parent/trusted adult or how to do so.</p>

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11	Committed Relationships	Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage.  EC § 51933(f)	Teaches the value and prepares pupils to have and maintain committed relationships, such as marriage.	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>No information on committed relationships/marriage is included.</p> <p>Committed relationships are de-emphasized possibly in an attempt to let youth know that committed relationships are not necessarily a protection from STI/HIV.</p> <p>M1 page 44-45 could introduce marriage and committed relationship in timeline as one step to address this criterion.</p>
12	Healthy Relationships	Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.  EC § 51933(g).	Builds knowledge and skills to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.	<p><b>Compliant:</b> Yes</p>
13	Healthy Decision Making	Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.  EC § 51933(h)	Provides knowledge and skills for making and implementing healthy decisions about sexuality.	<p><b>Compliant:</b> Yes</p>
14	Religious Doctrine	Instruction and materials <u>may not teach or promote</u> religious doctrine.  EC § 51933(i)	Does not promote religion/religious doctrine.	<p><b>Compliant:</b> Yes</p>

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<b>Content: Factual and Medically Accurate Information EC § 51934</b>				
15	Nature of HIV and STIs	Information on the nature of HIV, as well as other sexually transmitted infections and their effects on the human body.  EC § 51934 (a)(1)	Provides information on the nature of HIV and its effects on the human body.	Compliant: Yes
			Provides information on the nature of other STIs and their effects on the human body.	Compliant: Yes
16	Transmission of HIV	Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.  EC § 51934(a)(2)	Provides information regarding the transmission of HIV.	Compliant: Yes
17	Transmission of STI's	Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.  EC § 51934(a)(2)	Provides information regarding the transmission of other STIs.	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>Missing risk reduction of IDU; could add on page 115 or page 121 that not sharing needles could prevent STIs.</p> <p>Nothing about riskiness of different types of sex.</p> <p>"Nicole's Choice" video shows a doctor just providing pills to treat Nicole's gonorrhea and has a follow-up appointment the next week. Pills are not appropriate treatment for gonorrhea anymore.</p> <p>In Risk Behaviors in Lesson #3 - oral sex on a penis without a condom should be YELLOW not GREEN.</p> <p>Recommend adding insertive condom demo along with external condom demo.</p>

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18	Abstinence from Sexual Activity and Drug Use	<p>Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information on the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy</p> <p>EC § 51934(a)(3)</p>	<p>Provides information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.</p>	Compliant: Yes
			<p>Instruction and materials provides information regarding abstinence from sexual activity being the only certain way to prevent pregnancy as well as provide information about the value of delaying sexual activity.</p>	Compliant: Yes
19	Methods of Protection, HIV and STIs	<p>Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention.</p> <p>EC § 51934(a)(4)</p>	<p>Provides information about the effectiveness and safety of the FDA approved antiretroviral medical intervention consistent with the U.S. Centers for Disease Control and Prevention.</p>	Compliant: Yes
			<p>Instruction and materials provide information about the effectiveness and safety of all FDA approved methods that prevent or reduce the risk of contracting HIV and other STIs.</p>	<p>Compliant: No, needs minor modification</p> <p>Comments: Include internal condom as a FDA approved method to prevent STIs.</p>
20	HIV Risk Reduction	<p>Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.</p> <p>EC § 51934(a)(5)</p>	<p>Provides information about the effectiveness and safety of reducing HIV transmission by decreasing needle use and needle sharing.</p>	Compliant: Yes
21	Treatment of HIV and STIs	<p>Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically</p>	<p>Provides information about treatment of HIV and other STIs that can reduce the likelihood of transmitting HIV to others.</p>	Compliant: Yes

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		<p>prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.</p> <p>EC § 51934(a)(6)</p>		
			<p>Provides information how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.</p>	<p><b>Compliant: Yes</b></p>
22	<p><b>Social Views About HIV and AIDS</b></p>	<p>Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.</p> <p>EC § 51934(a)(7)</p>	<p><b>Provides discussion on social views and addresses myths and stereotypes about HIV and AIDS, and people living with HIV.</b></p> <hr/> <p><b>Emphasizes the following required CHYA instruction:</b></p> <ul style="list-style-type: none"> <li>• That successfully treated HIV-positive individuals have a normal life expectancy</li> <li>• All people are at risk for contracting HIV</li> <li>• The only way to know if someone has HIV is to get tested</li> </ul>	<p><b>Compliant: No, needs minor modifications.</b></p> <p><b>Comments:</b></p> <p>Could be stronger with Appendix E included.</p> <p>This curriculum does mention that successfully treated HIV positive individuals can have a normal life expectancy, all people are at some risk for HIV &amp; the only way to know is to get tested, but it does not talk about the social views on HIV &amp; addressing unfounded stereotypes &amp; myths regarding HIV &amp; people living with HIV.</p> <p>Addresses myths and some stereotypes (that someone is a "dirty/a player" if they have an STD) but nothing about the historical context of HIV.</p> <p><b>Compliant: Yes</b></p>

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23	<b>Resources and Rights to Sexual and Reproductive Health Care Access</b>	<p>Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.</p> <p>EC § 51934(a)(8)</p>	<p>Provides information about local resources, how to access local resources, and youth's legal rights to access local resources for sexual and reproductive health.</p> <ul style="list-style-type: none"> <li>• Pupils legal rights to access local resources for sexual and reproductive health care</li> <li>• How to access sexual and reproductive health care services</li> <li>• Pregnancy prevention and care</li> <li>• Testing and treatment for HIV and other STIs</li> <li>• Assistance for sexual assault and intimate partner violence</li> </ul>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>LEAs will need to develop their own local list of referrals.</p> <p>This curriculum lacks a model to fill out for LEAs to identify all the required referrals; only the legal right to services is covered. To be compliant, information on sexual assault/rape services, how to access reproductive health services and pregnancy prevention and care are required.</p> <p>In the "Tanisha and Shay" video, the doctor gives Tanisha's pregnancy results right in front of her mom. This is not an accurate way that pregnancy results would be delivered and could create fear about confidentiality provided in medical care settings.</p>

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24	<b>FDA Approved Contraceptive Methods</b>	<p>Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.</p> <p>EC § 51934(a)(9)</p>	<p><b>Provides information on the effectiveness and safety of all FDA-approved contraceptive methods:</b></p> <ul style="list-style-type: none"> <li>• Implants</li> <li>• Intrauterine devices (IUDs)</li> <li>• The Shot</li> <li>• The Ring</li> <li>• The Patch</li> <li>• The Pill</li> <li>• Condoms: External ("male condom")</li> <li>• Condom: Internal/Insertive ("female condom")</li> <li>• Other barrier methods</li> <li>• Permanent methods</li> <li>• Emergency contraception</li> </ul>	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p><b>Full medical reviews sent to publishers/authors.</b></p> <p>Effectiveness and timeframe of EC is mentioned but it is not listed in the lesson with the other FDA-approved birth control methods.</p> <p>Page 317: add ParaGard Page 317 : add Lileta Page 317: Can mention brand name Nexplanon Page 324: There is a new diaphragm named Caya that fits most women so no fitting necessary.</p>
25	<b>Legally Available Pregnancy Outcomes</b>	<p>Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following:</p> <p>(A) Parenting, adoption and abortion</p> <p>(B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code</p> <p>(C) The importance of pre-natal care</p> <p>EC § 51934(a)(9)</p>	<p><b>Provides objective discussion on all of the following legally available pregnancy outcomes:</b></p> <ul style="list-style-type: none"> <li>• Parenting</li> <li>• Adoption</li> <li>• Abortion</li> <li>• Information on surrendering physical custody of a minor child 72 hours of age or younger</li> <li>• Importance of pre-natal care</li> </ul>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>"Tanisha and Shay" video promotes adoption and is inaccurate about abortion as an option at that stage, it's also biased in not representing abortion as a real choice. The mom in the video says she should talk about "all options" as does the counselor, but then the only options are parenting and adoption. Some clinics don't do abortions at 17 weeks, but others do, and Tanisha "can" (i.e., is legally permitted to) get an abortion until viability. The limit of 17 weeks is not just inaccurate for CA—it is inaccurate for all states.</p> <p>Also, the doctor says she thinks Tanisha is 17 weeks based on the test but that it needs to be confirmed by an ultrasound, which is not medical protocol.</p>

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			<p>The depiction of a doctor giving results in front of the mom is highly inaccurate and could turn students off to seeking healthcare services or advice if they see a model of a doctor breaking confidentiality. This video should be removed or re-done to include abortion as an option and modify the interaction with the doctor and patient to reflect the legal right of the minor to confidential care for pregnancy-related services.</p>
26	<p><b>Harassment, Abuse, Violence and Trafficking</b></p>	<p>Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p> <p><u>EC § 51934(a)(10)</u></p>	<p><b>Provides information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</b></p> <p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>These subjects aren't covered explicitly. Nothing on sexual harassment or specific information on adolescent relationship abuse.</p> <p>The curriculum notes that CA law states that minors under 18 cannot legally consent to have sex in the same paragraph where they discuss rape and non-consensual sex. This framework conflates the technical/legal issue of "unlawful sexual intercourse with a minor" with non-consensual sex and sexual assault. This could create confusion and this is not an appropriate framework for this topic. The reviewers recommend removing this information and revising using a framework of consent.</p>
<b>Additional CA Education Code requirements that allow for implementation of the CA Healthy Youth Act</b>			
27	<p><b>Right to Obtain Confidential Services</b></p>	<p>Requires school districts to “notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil’s parent or guardian.”</p> <p><u>EC § 46010.1</u></p>	<p><b>Provides the knowledge of the right for the pupil to be excused from school to obtain confidential services.</b></p> <p><b>Compliant:</b> Yes</p>

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28	Resources and Rights for LGBTQ pupils	Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided  EC § 234.1(d)	Provides information about local resources, how to access local resources, and youth's legal rights to access local resources that support LGBTQ pupils and their families	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>LEAs need to provide local resources even though there are a few examples of national resources in this curriculum.</p> <p>M5 gay caller offered resources for GSA in school M12 p239 Provide list with local resources including LYRIC, and PFLAG GSA.</p> <p>On page 251 resources are only listed in the "facilitators note". This seems like an afterthought and it is in a condom negotiation lesson, not in a lesson about inclusivity.</p>
29	Affirmative Consent  *required only if a health education course is a graduation requirement	Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative consent standard, as defined in paragraph (1) of subdivision (a) of Section 67386 EC § 33544(a)(2)	Provides knowledge of the affirmative consent standard and skills needed to establish boundaries in peer and dating relationships.	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b></p> <p>The discussion of consent is throughout. It is a strength to have an entire section dedicated to this topic.</p>

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### ADDITIONAL COMMENTS:

#### Strengths:

Making Proud Choices (MPC) has a strong focus on developing positive attitudes towards safer sex and building skills towards being and or maintaining abstinence and/or using safer sex practices. The videos that accompany MPC are current and reflective of California's diversity.

#### The online format of this curriculum could be improved in a few ways suggested below:

- Make materials printable for teachers and not solely rely on accessing the curriculum online.
- Problematic when you would like to skip to a specific page and move the cursor along the "edges of the book" until it shows that specific page number and then click on it, you end up at a different page number than what you intended (approximately 10 pages off).
- Problematic when attempting to click the arrow on either side of the "page" to go one page ahead, it was too easy to accidentally click the "book" and ending up skipping way ahead or behind and losing your place.
- A search function for the curriculum would greatly enhance its usability.