Published Curriculum

Curriculum Title: Rights, Respect, Responsibility – Middle School

Edition/Version: 2016 (the CA adaptation – was not available at time of review) Printing (Year): 2016

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Website/contact: http://advocatesforyouth.org/3rs-curriculum

Grades: 6-8

Number of lessons: 28 lessons spread across grades 6-8

Cost: Free

Training offered: Yes, http://advocatesforyouth.org/3rs-curric-training

	Criteria	Description		Compliance Assessment	Determination and Recommendations Action/Curriculum adaptation needed to meet CHYA requirements.
A.	CA Education Co	ode Requirements starting Jan. 2016, CA F	lealt	hy Youth Act	
	Alignment with and Support of CHYA Purposes	All instruction and materials must align with and support the purposes of the California Healthy Youth Act. EC § 51933 (c) All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of Section 51930 and may not be in conflict with them.	(2)	To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy. [Reference: Instruction and Materials] To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.	Compliant: Yes Compliant: Yes
			(3)	[Reference: Instruction and Materials] To promote the understanding of sexuality as a	Compliant: Yes
				normal part of human development. [Reference: Instruction and Materials]	

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			(4) To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end. [Reference: Instruction and Materials]			
			(5) To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behavior. [Reference: Instruction and Materials]			
В. І	B. Instruction and Materials EC § 51933					
1	Age Appropriate Material	Instruction and materials shall be age appropriate. EC § 51933(a)	"Age appropriate" is refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on cognitive, emotional, and behavioral capacity typical for the age or age group. EC § 51931(a) Compliant: Yes Comments: The "media hunt" exercise relating to condoms in grade 8 lesson 9 may need specific review and attention. It seems to suggest that 8th graders are watching media in which people are actually having sex (i.e., pornography). Given that it's homework, there could be a pressure for young people to watch material that has sexual content. LEAs should review this closely to see if this activity will work for their specific student population.			
2	Medically Accurate and Objective Information	All factual information presented shall be medically accurate and objective. EC § 51933(b).	"Medically accurate" means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field such as the federal Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics and the American College of			

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			Obstetricians and Gynecologists." EC § 51931(f)	uncited data. Per Education Code 51931(f), refer to the listed agencies' current websites for the most medically accurate and objective information.
3	Inclusivity Appropriate	Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities, and English learners. EC § 51933(d)(1)		Compliant: Yes
4	English Learners	Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code. EC § 51933(d)(2)		All local educational agencies are required to ensure that curricula, including homework, are available to all student populations in primary language determined by previous year's language census data. Comments: 7th grade anatomy slide show does have Spanish option.
5	Youth with Disabilities	Instruction and materials shall be made accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instructions in alternative formats, and auxiliary aides. EC § 51933(d)(3)		All local educational agencies are required to ensure that curricula, including homework, are available to all students in formats and modalities that meet their students' specific instructional. Comments: In 6th grade Lesson 6, teacher notes for students with physical disabilities are included.
6	Unbiased Instruction	Instruction and materials shall not reflect or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any category protected by Section 220. EC § 51933(d)(4)		Compliant: Yes Comments: Names used in scenarios are very reflective of different sexual orientations, genders, and ethnicities. Should be strengthened with more affirmative examples of people with disabilities.



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7	Sexual Orientation	Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive of same-sex relationships. EC § 51933(d)(5)	Affirmatively recognize that people have different sexual orientations. Provides examples of relationships and couples that are inclusive of same-sex relationships. Includes discussion of relationships and couples that are inclusive of same-sex relationships.	Comments: There is good use of neutral language with "partners". This curriculum does not have many examples of couples, but presents information about sexual activity in an inclusive way. There are examples of same sex couples in the "healthy and unhealthy" exercise in lesson 3, grade 8. There's "A Note About Language" regarding inclusivity of language at the beginning of every lesson. There are good tips for teachers on how to handle situations where some students might make homophobic comments or be uncomfortable acting out situations with a same-sex partner. Compliant: Yes Comments: There were examples of same sex couples and some examples without gender pronouns. This allows for students who do not identify with the gender binary to be included, including genderqueer students or students who identify as neither male nor female. Compliant: Yes
8	Gender	Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes. EC § 51933(d)(6)	Teaches about gender, gender expression, gender identity, and explores the harm of negative gender stereotypes.	Compliant: Yes Comments: Reviewers felt this area was exceptional for this curriculum. Every grade level has a lesson specific to this topic. As grades progress so does the detail and content of the



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				information. Good explanation of genders assigned at birth during body lesson and appreciate that the authors are mindful of gender pronouns. Sometimes the language falls back to the gender binary and this could be improved. This curriculum explains the harm of gender stereotypes and harassment in-depth. The case studies and "myth/fact" activity in 7th grade are really useful and could initiate a great discussion in the classroom. Activities around harm of negative gender stereotypes are very thorough - the visuals in the PowerPoint in Lesson 7 in 7th grade are excellent. The definition of gender expression as being "how people let others know the gender they are" is problematic. For example, there are people who identify as female but their gender expression is more associated with men. This definition could lead students to think that all butch women identify as men or are transgender.
9	Adolescent Development and Body Image	Instruction provides pupils with the knowledge and skills to develop healthy attitudes concerning adolescent growth and development and body image. EC § 51930(a)(2)	Teaches and promotes healthy attitudes about adolescent development and body image.	Compliant: No needs minor modification. Comments: Body image is only discussed in the homework and will need to be addressed during classroom instruction.
10	Communication with Parents, Guardians, Trusted Adults	Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so. EC § 51933(e)	Encourages communication with parents, guardians or other trusted adults about human sexuality.	Compliant: Yes Comments: Many lessons have homework which encourages parent/guardian participation.



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11	Committed Relationships	Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage. EC § 51933(f)	Teaches the value and prepares pupils to have and maintain committed relationships, such as marriage.	Compliant: No, needs minor modification. Comments: The curriculum addresses the importance of delaying sexual activity (lesson 8 - 8) and how to determine if one is ready for sex (lesson 7-8) but does not cover committed relationships. The homework assignment for 7-8 would be a good place to add a question about committed relationships. Grade 6-Lesson-5 introduces the concept of relationships versus friendships. It does prepare youth to have committed relationships but the value of committed relationships is not explicitly discussed. Although it never mentions marriage explicitly it does have student make a Reproductive Life Plan in 8th Lesson 8. (Birth Control Basics).
12	Healthy Relationships	Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation. EC § 51933(g).	Builds knowledge and skills to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.	Compliant: Yes Comments: Reviewers appreciate the discussion of cyber harassment and violence prevention and relevant pop culture references. There are lots of examples and skill-building activities in each grade level on how to distinguish healthy versus unhealthy relationships and how to communicate assertively.
13	Healthy Decision Making	Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.	Provides knowledge and skills for making and implementing healthy decisions about sexuality.	Compliant: Yes

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		EC § 51933(h)		
14	Religious Doctrine	Instruction and materials <u>may not teach or promote</u> religious doctrine. EC § 51933(i)	Does not promote religious doctrine.	Compliant: Yes
Con	tent: Factual and Me	edically Accurate Information EC § 51934		
15	Nature of HIV and STIs	Information on the nature of HIV, as well as other sexually transmitted infections and their effects on the human body. EC § 51934 (a)(1)	Provides information on the nature of HIV and its effects on the human body.	Compliant: No, needs major modification. Comments: The nature of HIV is addressed only in homework in 7th grade and this needs to be included in classroom instruction.
			Provides information on the nature of other STIs and their effects on the human body.	Compliant: Yes Comments: Should provide more on the effects of STIs on the body.
16	Transmission of HIV	Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. EC § 51934(a)(2)	Provides information regarding the transmission of HIV.	Compliant: No, needs minor modification. Comments: Information regarding the transmission of HIV via intravenous (IV) drug use needs to be included in classroom instruction.
17	Transmission of STIs	Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. EC § 51934(a)(2)	Provides information regarding the transmission of other STIs.	Compliant: No, needs minor modification. Comments: IV drug use needs to be included in classroom instruction. There are some errors in the STD information; needs to be revised to match CDC information regarding pubic lice. Overall, the worksheets for the different types of STDs were strong.



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				Full medical reviews were sent to the publishers/authors.
18	Abstinence from Sexual Activity and Drug Use	Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information on the value of delaying sexual activity while also providing medically accurate information on other methods of	Provides information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.	Compliant: No, needs minor modification. Comments: Needs more information on abstaining from injection drug use. The information given is minimal. Abstinence should include abstaining from naked genital-to-genital contact in order to address prevention of STIs that are transmitted via skin-to-skin contact.
		preventing HIV and other sexually transmitted infections and pregnancy. EC § 51934(a)(3)	Instruction and materials provide information regarding abstinence from sexual activity being the only certain way to prevent pregnancy as well as provide information about the value of delaying sexual activity.	Compliant: Yes
19	Methods of Protection, HIV and STIs	ction, HIV of all federal Food and Drug Administration	Provides information about the effectiveness and safety of the FDA approved antiretroviral medical intervention consistent with the U.S. Centers for Disease Control and Prevention.	Compliant: No, needs minor modification. Comments: Needs to include information about PrEP and PEP.
			Provides information about the effectiveness and safety of all FDA approved methods that prevent or reduce the risk of contracting HIV and other STIs.	Compliant: Yes Comments: Includes comprehensive information on internal and external condoms for STI prevention. Also includes information about HPV and hepatitis vaccines.
20	HIV Risk Reduction	Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing	Provides information about the effectiveness and safety of reducing HIV transmission by decreasing needle use and needle sharing.	Compliant: No, needs major modification. Comments:



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		needle use and needle sharing. EC § 51934(a)(5)		Inofrmation on reducing needle use and needle sharing will need to be added.
21	Treatment of HIV and STIs	Treatment of	Provides information about treatment of HIV and other STIs that can reduce the likelihood of transmitting HIV to others.	Compliant: Yes
		prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others. EC § 51934(a)(6)	Provides information how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.	Compliant: No, needs minor modification. Comments: Need to add information about antiretroviral therapy prolonging life and that treatment for HIV positive people can reduce transmission of HIV to others.
22	Social Views About HIV and AIDS	About HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV- positive individuals have a normal life	Provides discussion on social views and addresses myths and stereotypes about HIV and AIDS, and people living with HIV.	Compliant: No, needs major modification. Comments: Doesn't explicitly address unfounded stereotypes & myths of people living with HIV or social views on HIV/AIDS.
		expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.	Emphasizes the following required CHYA instruction.	Compliant: No, needs minor modifications. Comments:
		EC § 51934(a)(7)	 That successfully treated HIV-positive individuals have a normal life expectancy All people are at risk for contracting HIV The only way to know if someone has HIV is to get tested 	Needs to add information about treatment prolonging the lives of people living with HIV and that all people are at risk for contracting HIV.
23	Resources and Rights to Sexual and Reproductive	Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and	Provides information about local resources, how to access local resources, and youth's legal rights to access local resources for sexual and reproductive health.	Compliant: No, needs minor modification. Comments: LEAs will need to tailor lessons with California-specific



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	Health Care Access	medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence. EC § 51934(a)(8)	 Pupils legal rights to access local resources for sexual and reproductive health care How to access sexual and reproductive health care services Pregnancy prevention and care Testing and treatment for HIV and other STIs Assistance for sexual assault and intimate partner violence 	laws related to minor consent services. These can be found here: http://teenhealthlaw.org/wp-content/uploads/2015/10/CaMinorConsentConfChartFull11-11.pdf California law now allows pharmacists to directly dispense the shot and other self-administered contraceptive methods. Content that says a person can't get The Shot from Walgreen's should be updated to reflect this change.(From True/False game, grade 8.)
24	FDA Approved Contraceptive Methods	Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception. EC § 51934(a)(9)	Provides information on the effectiveness and safety of all FDA-approved contraceptive methods.	Compliant: No, needs minor modification. Comments: Full medical reviews have been sent to the publishers. The lessons need information on spermicides, other barrier methods, and sterilization. Grade 8, Lesson 9 discusses external and internal condoms but internal condoms should be included in the birth control methods lesson, as well as in Lesson 8. 8th Lesson 8 incorrectly lists the effectiveness of pills/patch/shot as 99%.

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25	Legally Available Pregnancy Outcomes	Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following: (A) Parenting, adoption and abortion (B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code (C) The importance of pre-natal care EC § 51934(a)(9)	Provides objective discussion on all of the following legally available pregnancy outcomes: • Parenting • Adoption • Abortion Information on surrendering physical custody of a minor child 72 hours of age or younger. Importance of pre-natal care.	Comments: Will need to add California-specific information on 72-hour safe surrender law. There is not an objective discussion on pregnancy options. It is simply the instructor stating the three options but not going into defining each one in-depth. There is no definition of abortion. This lesson's main focus is how someone would know that they are pregnant and what type of pre-natal care that they should seek out. This section would need to include activity or teacher guidance for facilitating an objective discussion on all legally available pregnancy outcomes.
26	Harassment, Abuse, Violence and Trafficking	Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking. EC § 51934(a)(10)	Provides information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.	Compliant: No, needs major modification Comments: The curriculum is missing information on sex trafficking.
Add	itional CA Education	Code requirements that allow for implementation	of the CA Healthy Youth Act	
27	Right to Obtain Confidential Services	Requires school districts to "notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil's parent or guardian." EC § 46010.1	Provides the knowledge of the right for the pupil to be excused from school to obtain confidential services	Compliant: No, needs major modification. Comments: 8th Lesson 7 (Birth Control) mentions the right to confidential services but doesn't explain a California minor's right to confidential release from school to attend confidential services. California Education Code 46010.1 will need to be added.
28	Resources and Rights for LGBTQ pupils	Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and	Provides information about local resources, how to access local resources, and youth's legal rights to access local resources that support	Compliant: No, needs minor modification. Comments:



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		questioning (LGBTQ) pupils must be provided EC § 234.1(d)	LGBTQ pupils and their families	National resources are provided however LEAs will need to provide their own local resources.
2	Affirmative Consent *required only if a health education course is a graduation requirement	Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative consent standard, as defined in paragraph (1) of subdivision (a) of Section 67386 EC § 33544(a)(2)	Provides knowledge of the affirmative consent standard and skills needed to establish boundaries in peer and dating relationships.	Compliant: N/A HS Only Comments: Provides information about consent but not California's affirmative consent standard. This is not required for middle school in California.

ADDITIONAL COMMENTS:

The Teacher Guide provides excellent information and good resources in Teacher Background.

Overall, the reviewers felt this curriculum truly embodies the goals and spirit of CHYA and appreciated its accessibility of being free to download.

A number of errors, broken links or suggestions for improvement were found in the curriculum. Please see below.

Errors:

Grade 6

- **Grade 6, Lesson 1:** A couple typos: "...like **you're** body's a bit out of control at times. As we go through the lesson, and as you experience these changes, try to always remember that all of these changes are normal. They are all important parts of growing up that everyone goes through. This time of growth is called 'puberty' and **that** it's started by the natural chemicals in our bodies, called 'hormones."
- **Grade 6, Lesson 7:** It's Great to Wait website seems to be corrupted and now has some bizarre and inappropriate language on the home page: http://www.greattowait.com . www.teen-aid.org has expired.

Grade 7

Grade 7, Lesson 1: for the activity of naming the female body parts, the blank spaces need to be numbered.



- The instructions in Step 3 of this lesson are incorrect. There is no video, just a slide show, and there is no "second tab" or "third tab"
- Grade 7, Lesson 2: hyperlink for http://www.nlm.nih.gov/medlineplus/ency/videos/mov/200019.mov doesn't work (URL is still live however).
 - o For the activity of naming the male body parts, the blank spaces need to be numbered.
 - o In Step 3, instructions say to select "click here for a frontal view". This is uncessary as that is the first slide in the slide show on the website.
- Grade 7, Lesson 5: link in homework is broken http://www.sharemylesson.com/teaching-resource/sti-clue-activity-6111340/
- **Grade 7, Lesson 6:** hyperlink for http://www.hrmvideo.com/catalog/dealing-with-difference-opening-dialogue-about-lesbi-an-gay-and-straight-issues takes you to a "page not found" message.
- **Grade 7, Lesson 7:** in Step 1, top of the second page it says "once you have gone through slide 12". I think this should be slide 9. Which means that later in Step 4, it should read Slide 10.

Grade 8

- **Grade 8, Lesson 7:** Under "Advance Preparation for Lesson" the first video's hyperlink takes you to the HRM video homepage, and not the page for the Rape and Sexual Assault video.
- Grade 8, Lesson 9: first page, left hand boxes, "Target Grade" only says "Grade 8", "Lesson 9" is missing
- **Grade 8, Lesson 10:** There are better, more user-friendly clinic locators than the one mentioned on the first page (yourstdhelp.com), i.e., CDC (https://gettested.cdc.gov/ or www.HIVtest.org-take you to the same place) . For CA it would be nice to use www.Teensource.org.