

# Curriculum Review Summary Report California Healthy Youth Act

## Published Curriculum

Curriculum Title: Teen Talk High School  
 Edition/Version: 2016 version      Printing (Year): 2016  
 Author/Publisher: Health Connected  
 Website/contact: <http://www.health-connected.org/>

Grades: High School – 9<sup>th</sup>-12<sup>th</sup>  
 Number of lessons: 11  
 Cost: \$145-\$215  
 Training offered: <http://www.health-connected.org/register-now>

Criteria	Description	Compliance Assessment	Determination and Recommendations <small>Action/Curriculum adaptation needed to meet CHYA requirements.</small>
<b>A. CA Education Code Requirements starting Jan. 2016, CA Healthy Youth Act</b>			
<b>Alignment with and Support of CHYA Purposes</b>	<b>All instruction and materials must align with and support the purposes of the California Healthy Youth Act. EC § 51933 (c)</b>  All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of <b>Section 51930</b> and may not be in conflict with them.	(1) To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.  [Reference: Instruction and Materials]	<b>Compliant: Yes</b>
		(2) To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.  [Reference: Instruction and Materials]	<b>Compliant: Yes</b>
		(3) To promote the understanding of sexuality as a normal part of human development.  [Reference: Instruction and Materials]	<b>Compliant: Yes</b>
		(4) To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual	<b>Compliant: Yes</b>



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		<p>health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.</p> <p>[Reference: Instruction and Materials]</p>		
		<p>(5) To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behavior.</p> <p>[Reference: Instruction and Materials]</p>	<b>Compliant:</b> Yes	
<b>B. Instruction and Materials EC § 51933</b>				
<b>1</b>	<b>Age Appropriate Material</b>	<p><b>Instruction and materials shall be age appropriate.</b></p> <p><b>EC § 51933(a)</b></p>	<p>“Age appropriate” is refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on cognitive, emotional, and behavioral capacity typical for the age or age group.</p> <p><b>EC § 51931(a)</b></p>	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b></p> <p>“Straightlaced” video uses profanity and, although teachers are instructed to prepare students and inform them that they may hear words that are not to be used in the class/school, LEAs may need to do close review to see if this material is appropriate for their educational setting.</p> <p>Written in teen-friendly language and defines the scientific terms clearly and concisely.</p>
<b>2</b>	<b>Medically Accurate and Objective Information</b>	<p><b>All factual information presented shall be medically accurate and objective.</b></p> <p><b>EC § 51933(b).</b></p>	<p>“Medically accurate” means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field such as the federal Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists.”</p> <p><b>EC § 51931(f)</b></p>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>This curriculum contains outdated information, inaccurate information, and uncited data.</p> <p>Full and detailed medical reviews have been given directly to the publisher/author.</p> <p>Per Education Code 51931(f), refer to the listed agencies current websites for the most medically accurate and objective information.</p>

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3	Inclusivity Appropriate	Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities, and English learners.  EC § 51933(d)(1)		Compliant: Yes
4	English Learners	Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code.  EC § 51933(d)(2)		All local educational agencies are required to ensure that curricula, including homework, are available to all student populations in primary language determined by previous year's language census data.  Comments:  Spanish versions of materials are embedded throughout the curriculum. However, the materials in Spanish were not reviewed.
5	Youth with Disabilities	Instruction and materials shall be made accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instructions in alternative formats, and auxiliary aides.  EC § 51933(d)(3)		All local educational agencies are required to ensure that curricula, including homework, are available to all students in formats and modalities that meet their students' specific instructional needs.
6	Unbiased Instruction	Instruction and materials shall not reflect or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any category protected by Section 220.  EC § 51933(d)(4)		Compliant: Yes
7	Sexual Orientation	Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be	Affirmatively recognize that people have different sexual orientations.	Compliant: Yes Comments: Almost all teacher notes include information about creating an affirming environment for LGBTQ youth and same sex couples.

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	<p>inclusive of same-sex relationships. EC § 51933(d)(5)</p>	<p>Provides examples of relationships and couples that are inclusive of same-sex relationships.</p>	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b></p> <p>There is a problematic reference to "heterosexual lifestyle" on page 83 in answers to Prezi quiz. Gay people and straight people don't have different "lifestyles." The reviewers understand the intent is to better understand "why might some gay people pretend not to be gay" but it should state that intent more clearly. Need to remove "lifestyle."</p> <p>Although compliant, this could criterion could be improved. In the healthy relationships scenarios there is one clearly same sex couple and "alternative versions" for same-sex couples (pages 207-208). There are also many more gender-neutral examples than same-sex examples; more clear examples of same-sex relationships should be provided.</p>
		<p>Includes discussion of relationships and couples that are inclusive of same-sex relationships.</p>	<p><b>Compliant:</b> Yes</p>
8	<p><b>Gender</b></p> <p>Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes. EC § 51933(d)(6)</p>	<p>Teaches about gender, gender expression, gender identity, and explores the harm of negative gender stereotypes.</p>	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b></p> <p>Should provide more information about gender stereotypes beyond how it relates to sexuality.</p> <p>"Biological sex" definition is problematic; currently preferable to say "sex assigned at birth."</p> <p>The curriculum does refer to ""male bodies and female bodies"" but then reverts back to "a female's body" on page 61.</p> <p>"Straightlaced" film is excellent.</p> <p>The section on gender identity is thorough with substantive information on pronouns.</p>

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9	Adolescent Development and Body Image	<p>Instruction provides pupils with the knowledge and skills to develop healthy attitudes concerning adolescent growth and development and body image.</p> <p>EC § 51930(a)(2)</p>	Teaches and promotes healthy attitudes about adolescent development and body image.	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>Body image content needs to be strengthened and more explicit as it is covered minimally in Section 2 and Section 10. Adolescent development would be strengthened if it included more content on emotional development.</p>
10	Communication with Parents, Guardians, Trusted Adults	<p>Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so.</p> <p>EC § 51933(e)</p>	Encourages communication with parents, guardians or other trusted adults about human sexuality.	Compliant: Yes
11	Committed Relationships	<p>Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage.</p> <p>EC § 51933(f)</p>	Teaches the value and prepares pupils to have and maintain committed relationships, such as marriage.	Compliant: Yes
12	Healthy Relationships	<p>Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.</p> <p>EC § 51933(g).</p>	Builds knowledge and skills to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.	Compliant: Yes
13	Healthy Decision Making	<p>Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision-making</p>	Provides knowledge and skills for making and implementing healthy decisions about sexuality.	Compliant: Yes

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	skills to avoid high-risk activities. EC § 51933(h)		
14	Religious Doctrine Instruction and materials <u>may not teach or promote</u> religious doctrine. EC § 51933(i)	Does not promote religion/religious doctrine.	Compliant: Yes
<b>Content: Factual and Medically Accurate Information EC § 51934</b>			
15	Nature of HIV and STIs Information on the nature of HIV, as well as other sexually transmitted infections and their effects on the human body. EC § 51934 (a)(1)	Provides information on the nature of HIV and its effects on the human body.	<b>Compliant:</b> Yes, if “Sexually Transmitted Infections” handout (pages 154-156) and/or the “Quick HIV/AIDS Facts” handout (page 167-168) is utilized (i.e., not just handed out to students. Teacher needs to go over material as part of classroom instruction).  <b>Comments:</b> The teacher guidance for using the handouts is minimal. If a teacher uses the handout with discussion or creates activities, this would be much improved. As it is, the information is on the handout and if the handout is provided in a classroom with some review, this meets the criteria.
		Provides information on the nature of other STIs and their effects on the human body.	<b>Compliant:</b> Yes, if “Sexually Transmitted Infections” handout (pages 154-156) is utilized (i.e., not just handed out to students. Teacher needs to go over material as part of classroom instruction).
16	Transmission of HIV Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. EC § 51934(a)(2)	Provides information regarding the transmission of HIV.	<b>Compliant:</b> Yes, if “Sexually Transmitted Infections” handout (pages 154-156) and/or “Quick HIV/AIDS Facts” handout (page 167-168) is utilized (i.e., not just handed out to students. Teacher needs to go over material as part of classroom instruction).  <b>Comments:</b>

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				On page 167 kissing is listed as a "behavior considered low-risk but have resulted in a few reported HIV infections." This is misleading and may exaggerate the risk of transmission of HIV via kissing; more information should be provided describing sores and/or blood in the mouth as a component of HIV transmission via kissing.
17	Transmission of STI's	Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.  EC § 51934(a)(2)	Provides information regarding the transmission of other STIs.	<b>Compliant:</b> Yes, if "Sexually Transmitted Infections" handout (pages 154-156) is utilized (i.e., not just handed out to students. Teacher needs to go over material as part of classroom instruction).
18	Abstinence from Sexual Activity and Drug Use	Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information on the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy  EC § 51934(a)(3)	Provides information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.  Provides information regarding abstinence from sexual activity being the only certain way to prevent pregnancy as well as provide information about the value of delaying sexual activity.	<b>Compliant:</b> Yes, if "Sexually Transmitted Infections" handout (pages 154-156) and/or "Quick HIV/AIDS Facts" handout (page 167-168) is utilized (i.e., not just handed out to students. Teacher needs to go over material as part of classroom instruction).  <b>Compliant:</b> Yes
19	Methods of Protection, HIV and STIs	Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention.  EC § 51934(a)(4)	Provides information about the effectiveness and safety of the FDA approved antiretroviral medical intervention consistent with the U.S. Centers for Disease Control and Prevention.	<b>Compliant:</b> No, needs minor modification.  <b>Comments:</b>  PrEP and PEP are only included in Quick HIV/AIDS Facts handout which is not explicitly given to students; it appears this specific handout is only to be used as background information. Teachers and instructors will need more specific guidance to include this content in order for it to meet this criterion.

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			Provides information about the effectiveness and safety of all FDA approved methods that prevent or reduce the risk of contracting HIV and other STIs.	<b>Compliant:</b> Yes, if “Sexually Transmitted Infections” handout (pages 154-156) and/or “Quick HIV/AIDS Facts” handout (page 167-168) is utilized (i.e., not just handed out to students. Teacher needs to go over material as part of classroom instruction).
20	<b>HIV Risk Reduction</b>	Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.  EC § 51934(a)(5)	Provides information about the effectiveness and safety of reducing HIV transmission by decreasing needle use and needle sharing.	<b>Compliant:</b> No, needs minor modification.  <b>Comments:</b>  This information is in both the STD handout and the Quick HIV/AIDS Facts handout. The Quick HIV/AIDS Facts handout does not appear to be given to students; it appears this specific handout is only to be used as background information. Teachers and instructors will need more specific guidance to include this content in order for it to meet this criterion.
21	<b>Treatment of HIV and STIs</b>	Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.  EC § 51934(a)(6)	Provides information about treatment of HIV and other STIs that can reduce the likelihood of transmitting HIV to others.	<b>Compliant:</b> Yes
			Provides information how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.	<b>Compliant:</b> No, needs minor modification.  <b>Comments:</b>  Needs to clarify that PEP and PrEP are not antiretroviral therapy for people living with HIV. “Sexually Transmitted Infections” handout (Session 5, page 95) mentions PrEP and PEP as though they are medications for people living with HIV. The difference between PEP, PrEP, and treatment as prevention needs to be clarified.

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22	Social Views About HIV and AIDS	<p>Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.</p> <p>EC § 51934(a)(7)</p>	<p>Provides discussion on social views and addresses myths and stereotypes about HIV and AIDS, and people living with HIV.</p> <hr/> <p>Emphasizes the following required CHYA instruction.</p> <ul style="list-style-type: none"> <li>• That successfully treated HIV-positive individuals have a normal life expectancy</li> <li>• All people are at risk for contracting HIV</li> <li>• The only way to know if someone has HIV is to get tested</li> </ul>	<p><b>Compliant:</b> Yes</p> <hr/> <p><b>Compliant:</b> Yes, if “Quick HIV/AIDS Facts” handout (page 167-168) is utilized (i.e., not just handed out to students. Teacher needs to go over material as part of classroom instruction).</p>
23	Resources and Rights to Sexual and Reproductive Health Care Access	<p>Information about local resources, how to access local resources, and pupils’ legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.</p> <p>EC § 51934(a)(8)</p>	<p>Provides information about local resources, how to access local resources, and youth’s legal rights to access local resources for sexual and reproductive health.</p> <ul style="list-style-type: none"> <li>• Pupils legal rights to access local resources for sexual and reproductive health care</li> <li>• How to access sexual and reproductive health care services</li> <li>• Pregnancy prevention and care</li> <li>• Testing and treatment for HIV and other STIs</li> </ul>	<p><b>Compliant:</b> No, with minor modifications.</p> <p><b>Comments:</b> LEAs will need to develop local referral lists.</p> <p>Teen Talk provides a template for local referrals; some resources that are national and Bay Area-specific are provided.</p> <p>Reviewers appreciate the mentions of FPACT, a California-specific insurance program that covers adolescent family planning services.</p>

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			<ul style="list-style-type: none"> <li>• Assistance for sexual assault and intimate partner violence</li> </ul>	
24	<b>FDA Approved Contraceptive Methods</b>	Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.  <b>EC § 51934(a)(9)</b>	<b>Provides information on the effectiveness and safety of all FDA-approved contraceptive methods:</b> <ul style="list-style-type: none"> <li>• Implants</li> <li>• Intrauterine devices (IUDs)</li> <li>• The Shot</li> <li>• The Ring</li> <li>• The Patch</li> <li>• The Pill</li> <li>• Condoms: External ("male condom")</li> <li>• Condom: Internal/Insertive ("female condom")</li> <li>• Other barrier methods</li> <li>• Permanent methods</li> <li>• Emergency contraception</li> </ul>	<b>Compliant: Yes</b>

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25	Legally Available Pregnancy Outcomes	<p>Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following:</p> <p>(A) Parenting, adoption and abortion</p> <p>(B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code</p> <p>(C) The importance of pre-natal care</p> <p>EC § 51934(a)(9)</p>	<p>Provides objective discussion on all of the following legally available pregnancy outcomes:</p> <ul style="list-style-type: none"> <li>• Parenting</li> <li>• Adoption</li> <li>• Abortion</li> <li>• Information on surrendering physical custody of a minor child 72 hours of age or younger.</li> <li>• Importance of pre-natal care.</li> </ul>	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b></p> <p>In the abortion section it should clarify that while most surgical abortions are done in first 14 weeks, abortion is legal up to 24 weeks in California. Overall strong in this area; balanced and thorough.</p> <p>Act 5.2 pages 138-140 define and discuss all pregnancy options and how someone makes the decision based on their circumstances, their values, and their rights. This activity is a strength of this curriculum.</p>
26	Harassment, Abuse, Violence and Trafficking	<p>Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p> <p>EC § 51934(a)(10)</p>	<p>Provides information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p>	<p><b>Compliant:</b> No, with minor modification.</p> <p><b>Comments:</b></p> <p>For this criterion to be compliant, the “Dear Dr. Lupe” activity needs to be required content, not an additional activity as this includes necessary content of sex trafficking.</p>
<b>Additional CA Education Code requirements that allow for implementation of the CA Healthy Youth Act</b>				
27	Right to Obtain Confidential Services	<p>Requires school districts to “notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil’s parent or guardian.”</p> <p>EC § 46010.1</p>	<p>Provides the knowledge of the right for the pupil to be excused from school to obtain confidential services</p>	<p><b>Compliant:</b> Yes</p>

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28	Resources and Rights for LGBTQ pupils	Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided  EC § 234.1(d)	Provides information about local resources, how to access local resources, and youth's legal rights to access local resources that support LGBTQ pupils and their families	<b>Compliant:</b> No, needs minor modifications.  <b>Comments:</b>  LEAs will have to create and provide their own local referral lists.  The curriculum provides national resources and there are examples of LGBTQ Bay Area resources that LEAs can use as a template.
29	Affirmative Consent  *required only if a health education course is a graduation requirement	Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative consent standard, as defined in paragraph (1) of subdivision (a) of Section 67386 EC § 33544(a)(2)	Provides knowledge of the affirmative consent standard and skills needed to establish boundaries in peer and dating relationships.	<b>Compliant:</b> Yes

### ADDITIONAL COMMENTS:

The curricular content needs to be more explicit with teacher instructions. In several lessons it was unclear if handouts were to be given to students or if they were provided solely for teachers' background information. If teachers are supposed to be giving handouts to students, the instruction needs to incorporate discussion of the handout into the lesson. Solely giving students a handout is not an effective way of teaching required material.