

# Curriculum Review Summary Report California Healthy Youth Act

## Published Curriculum

**Curriculum Title:** Positive Prevention Plus High School  
**Edition/Version:** 2016 version      **Printing (Year):** 2016  
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**Grades:** High School – 9-12  
**Number of lessons:** 13  
**Cost:** \$279  
**Training offered:** Yes, via Cardea Services

Criteria	Description	Compliance Assessment	Determination and Recommendations <small>Action/Curriculum adaptation needed to meet CHYA requirements.</small>
<b>A. CA Education Code Requirements starting Jan. 2016, CA Healthy Youth Act</b>			
<b>Alignment with and Support of CHYA Purposes</b>	<p><b>All instruction and materials must align with and support the purposes of the California Healthy Youth Act. EC § 51933 (c)</b></p> <p>All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of <b>Section 51930</b> and may not be in conflict with them.</p>	<p>(1) To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.</p> <p>[Reference: Instruction and Materials]</p>	<b>Compliant: Yes</b>
		<p>(2) To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.</p> <p>[Reference: Instruction and Materials]</p>	<b>Compliant: Yes</b>
		<p>(3) To promote the understanding of sexuality as a normal part of human development.</p> <p>[Reference: Instruction and Materials]</p>	<p><b>Compliant: No, needs major modifications.</b></p> <p><b>Comments:</b></p> <p>The curriculum conveys a general discomfort about sexuality as a normal part of human development.</p> <p>Instruction on gender and orientation relies on definitions,</p>

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			<p>and there are very few examples of same-sex couples throughout the curriculum. The minimal inclusion of LGBTQ representation throughout the curriculum led the reviewers to conclude that LGBTQ students may not feel affirmed about their sexuality being a normal part of human development.</p> <p>The negotiation skills sections overemphasize refusal skills to the detriment of developing skills to negotiate age-appropriate behaviors.</p> <p>Further, some of the documentation in the appendices is outdated to the degree that it does not promote the understanding of sexuality as a normal part of human development.</p>
		<p>(4) To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.</p> <p>[Reference: Instruction and Materials]</p>	<p><b>Compliant: Yes</b></p>
		<p>(5) To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behavior.</p> <p>[Reference: Instruction and Materials]</p>	<p><b>Compliant: Yes</b></p>

### B. Instruction and Materials EC § 51933



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	Criteria	Description	Compliance Assessment	Determination and Recommendations <small>Action/Curriculum adaptation needed to meet CHYA requirements.</small>
1	<b>Age Appropriate Material</b>	Instruction and materials shall be age appropriate. EC § 51933(a)	“Age appropriate” is refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on cognitive, emotional, and behavioral capacity typical for the age or age group.  EC § 51931(a)	<b>Compliant:</b> No, needs minor modifications.  <b>Comments:</b>  Instructional content that is replicated from the middle school to the high school curriculum is no longer age appropriate. Scenarios are overly simplistic for high school students (e.g. Lesson 10 Assertive Skills call and response activity).
2	<b>Medically Accurate and Objective Information</b>	All factual information presented shall be medically accurate and objective. EC § 51933(b).	“Medically accurate” means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field such as the federal Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists.”  EC § 51931(f)	<b>Compliant:</b> No, needs modification.  <b>Comments:</b>  <b>Full and detailed medical reviews have been given directly to the publisher/author.</b>  This curriculum contains one or all of the following: outdated information, inaccurate information, and/or uncited data.  Per Education Code 51931(f), refer to the listed agencies’ current websites for the most medically accurate and objective information.
3	<b>Inclusivity Appropriate</b>	Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities, and English learners. EC § 51933(d)(1)		<b>Compliant:</b> Yes
4	<b>English Learners</b>	Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code.		All local educational agencies are required to ensure that curricula, including homework, are available to all student populations in primary language determined by previous year’s language census data.  <b>Comments:</b>

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		EC § 51933(d)(2)		This curriculum has a student workbook in Spanish and parent information in Spanish. These were not reviewed.
5	Youth with Disabilities	Instruction and materials shall be made accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instructions in alternative formats, and auxiliary aides.  EC § 51933(d)(3)		<p><b>All local educational agencies are required to ensure that curricula, including homework, are available to all students in formats and modalities that meet their students' specific instructional needs.</b></p> <p><b>Comments:</b></p> <p>There is a version of this curriculum for "special populations" that was not reviewed.</p> <p>Appendix B section titled "Special Issues" on pages 573-577 on parent resources for youth with disabilities is not cited and outdated (for example: references from 1986 and 1991). It references "homosexuality" despite on p. 37 of Lesson 1 part C notes column the curriculum authors themselves state that the term "homosexuality" is outdated. It references Norplant, a contraceptive method that is no longer on the market; assumes that parents will be opposed to having a gay or lesbian child; and glosses over the very fraught topic of sterilization of people with disabilities. This section should be replaced with something more current.</p>
6	Unbiased Instruction	Instruction and materials shall not reflect or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any category protected by Section 220.  EC § 51933(d)(4)		Compliant: Yes
		Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing	Affirmatively recognize that people have different sexual orientations.	Compliant: No, needs modification.  Comments:

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7	<b>Sexual Orientation</b>	<p>examples of relationships and couples, shall be inclusive of same-sex relationships.</p> <p>EC § 51933(d)(5)</p>	<p><b>Provides examples of relationships and couples that are inclusive of same-sex relationships.</b></p> <p><b>Includes discussion of relationships and couples that are inclusive of same-sex relationships.</b></p>	<p>The teacher binder defines these terms: sex, gender, gender role, gender identity, gender expression, and sexual orientation. However, the PowerPoint slides instruct the teacher to move the cursor over each term for an illustration but lack a definition. The binder and slides need to match.</p> <p>In Lesson 1 the curriculum encourages respect for differences and appreciation for diversity; however, this does not carry throughout the curriculum through the use of examples of diverse relationships.</p> <p><b>Compliant: Yes</b></p> <p><b>Comments:</b> Limited examples meet the minimum criteria; however there could be more examples of same-sex couples and relationships throughout.</p> <p><b>Compliant: Yes</b></p>
8	<b>Gender</b>	<p>Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes.</p> <p>EC § 51933(d)(6)</p>	<p><b>Teaches about gender, gender expression, gender identity, and explores the harm of negative gender stereotypes.</b></p>	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b> Instruction could more thoroughly address gender and the harm of negative gender stereotypes.</p> <p>The “Different Gender” activity in Lesson 1 could be trivializing to transgender students and/or those students who do not fit into the gender binary. The activity conflates gender expression and gender identity and does not thoroughly explore the harm of negative gender stereotypes.</p> <p>The terms “transgender” and “cis gender” should be</p>

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				moved from optional into required instruction to further clarify gender identity.
9	<b>Adolescent Development and Body Image</b>	Instruction provides pupils with the knowledge and skills to develop healthy attitudes concerning adolescent growth and development and body image.  EC § 51930(a)(2)	Teaches and promotes healthy attitudes about adolescent development and body image.	<b>Compliant:</b> Yes  <b>Comments:</b> Removing the word “typical” from the anatomy lesson would strengthen this criterion.
10	<b>Communication with Parents, Guardians, Trusted Adults</b>	Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so.  EC § 51933(e)	Encourages communication with parents, guardians or other trusted adults about human sexuality.	<b>Compliant:</b> Yes  <b>Comments:</b>  Every lesson has a preview page and homework that encourages parent/trusted adult engagement.
11	<b>Committed Relationships</b>	Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage.  EC § 51933(f)	Teaches the value and prepares pupils to have and maintain committed relationships, such as marriage.	<b>Compliant:</b> Yes
12	<b>Healthy Relationships</b>	Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.  EC § 51933(g).	Builds knowledge and skills to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.	<b>Compliant:</b> Yes
13	<b>Healthy Decision Making</b>	Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer	Provides knowledge and skills for making and implementing healthy decisions about sexuality.	<b>Compliant:</b> No, needs minor modifications.  <b>Comments:</b> The curriculum includes skill-building for refusal and assertiveness, but for high school students it should include more complex scenarios and should include sexual

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		pressure and using effective decision-making skills to avoid high-risk activities. EC § 51933(h)		situations in the examples for students to negotiate out of unwanted or uncomfortable situations.
14	Religious Doctrine	Instruction and materials <u>may not teach or promote</u> religious doctrine. EC § 51933(i)	Does not promote religion/religious doctrine.	Compliant: Yes
<b>Content: Factual and Medically Accurate Information EC § 51934</b>				
15	Nature of HIV and STIs	Information on the nature of HIV, as well as other sexually transmitted infections and their effects on the human body. EC § 51934 (a)(1)	Provides information on the nature of HIV and its effects on the human body.	Compliant: Yes
			Provides information on the nature of other STIs and their effects on the human body.	Compliant: Yes
16	Transmission of HIV	Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. EC § 51934(a)(2)	Provides information regarding the transmission of HIV.	Compliant: Yes
17	Transmission of STI's	Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. EC § 51934(a)(2)	Provides information regarding the transmission of other STIs.	Compliant: Yes

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18	Abstinence from Sexual Activity and Drug Use	<p>Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information on the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy</p> <p>EC § 51934(a)(3)</p>	<p>Provides information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.</p>	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>Should add a broader definition of abstinence to include naked genital-to-genital contact to address risk of skin-to-skin transmission of STIs.</p>
19	Methods of Protection, HIV and STIs	<p>Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention.</p> <p>EC § 51934(a)(4)</p>	<p>Provides information about the effectiveness and safety of the FDA approved antiretroviral medical intervention consistent with the U.S. Centers for Disease Control and Prevention.</p>	<p><b>Compliant:</b> Yes</p>
20	HIV Risk Reduction	<p>Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.</p> <p>EC § 51934(a)(5)</p>	<p>Provides information about the effectiveness and safety of reducing HIV transmission by decreasing needle use and needle sharing.</p>	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>Needs more information on risk reduction messages on not sharing needles, only using clean needles or exchanging a used needle for a clean one.</p>

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21	Treatment of HIV and STIs	Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.  EC § 51934(a)(6)	Provides information about treatment of HIV and other STIs that can reduce the likelihood of transmitting HIV to others.	<b>Compliant: Yes</b>  <b>Comments:</b> Could provide more information on treatment of STIs and HIV.
			Provides information how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.	<b>Compliant: Yes</b>
22	Social Views About HIV and AIDS	Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.  EC § 51934(a)(7)	Provides discussion on social views and addresses myths and stereotypes about HIV and AIDS, and people living with HIV.	<b>Compliant: Yes</b>  <b>Comments:</b> “Little Secret” video is not representative of HIV infected individuals today; hemophiliacs and rape survivors do not comprise most of the new infections in 2016. However, this video does utilize youth voice to describe HIV infection.
			Emphasizes the following required CHYA instruction: <ul style="list-style-type: none"> <li>• That successfully treated HIV-positive individuals have a normal life expectancy</li> <li>• All people are at risk for contracting HIV</li> <li>• The only way to know if someone has HIV is to get tested</li> </ul>	<b>Compliant: Yes</b>  <b>Comments:</b> When the curriculum states that “ART can keep an infected person healthy for many years” is not the same as having a normal life expectancy. Could strengthen the language around normal life expectancy.  Does not explicitly say that everyone is at risk for HIV.
23	Resources and Rights to Sexual and Reproductive Health Care Access	Information about local resources, how to access local resources, and pupils’ legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources	Provides information about local resources, how to access local resources, and youth’s legal rights to access local resources for sexual and reproductive health.	<b>Compliant: No, needs minor modifications.</b>  <b>Comments:</b> LEAs will need to develop their own local resource list. There is some guidance provided within the curriculum about creating a local resource guide.  There is incorrect information about minor consent that

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		<p>for assistance with sexual assault and intimate partner violence.</p> <p>EC § 51934(a)(8)</p>		<p>needs to be changed. There is no age requirement for minors accessing pregnancy-related services, including contraception. A full list of the rights of minors is here: <a href="http://teenhealthlaw.org/wp-content/uploads/2015/10/CaMinorConsentConfChartFull11-11.pdf">http://teenhealthlaw.org/wp-content/uploads/2015/10/CaMinorConsentConfChartFull11-11.pdf</a></p>
24	<p><b>FDA Approved Contraceptive Methods</b></p>	<p>Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.</p> <p>EC § 51934(a)(9)</p>	<p><b>Provides information on the effectiveness and safety of all FDA-approved contraceptive methods:</b></p> <ul style="list-style-type: none"> <li>• Implants</li> <li>• Intrauterine devices (IUDs)</li> <li>• The Shot</li> <li>• The Ring</li> <li>• The Patch</li> <li>• The Pill</li> <li>• Condoms: External ("male condom")</li> <li>• Condom: Internal/Insertive ("female condom")</li> <li>• Other barrier methods</li> <li>• Permanent methods</li> <li>• Emergency contraception</li> </ul>	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Complete medical reviews have been sent to the publishers/authors.</b></p> <p>It is unclear why the female/insertive condom is grouped with spermicides in the "Birth Control Choices for Teens" chart. It should be clarified that insertive condoms do not need to be used with spermicides.</p> <p>In the "Birth Control Choices for Teens" chart it says that male/external condoms are recommended to be used with spermicides. This information could not be found using the citation given. Spermicides may be an irritant and thus diminish the advantage of condom use as a method to reduce the risk of STIs and HIV.</p> <p>In the "Birth Control Choices for Teens" chart it states there are no advantages to sterilization, withdrawal, and the rhythm method. This could be improved by offering more nuanced information about the perceived advantages and future advantages of these methods, and describe why these methods may be difficult for younger people to use.</p>

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25	Legally Available Pregnancy Outcomes	<p>Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following:</p> <p>(A) Parenting, adoption and abortion</p> <p>(B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code</p> <p>(C) The importance of pre-natal care</p> <p>EC § 51934(a)(9)</p>	<p>Provides objective discussion on all of the following legally available pregnancy outcomes:</p> <ul style="list-style-type: none"> <li>● Parenting</li> <li>● Adoption</li> <li>● Abortion</li>   <li>● Information on surrendering physical custody of a minor child 72 hours of age or younger</li>   <li>● Importance of pre-natal care</li> </ul>	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>The lesson is skewed towards safe-surrender and pre-natal care (4 slides) and no slide on abortion or adoption. This lesson discusses unplanned birth rather than unplanned pregnancy.</p> <p>The one "con" listed for abortion is: "they may experience criticism from others" which is not listed on any of the other options when this may also be a "con" for parenting and adoption.</p>
26	Harassment, Abuse, Violence and Trafficking	<p>Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p> <p>EC § <u>51934(a)(10)</u></p>	<p>Provides information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>This section should be completely revised to remove incorrect information and edit for accuracy. Additionally, sexual assault and rape should be defined and addressed through a framework of consent.</p> <p>The top of page 83 starts with a statistic on the percentage of teen births where fathers are 19 years of age or older. This statistic has been proven wrong. In most teen pregnancies, the two parents are within a year or three of each other's age. This statistic is also misleading because it does not acknowledge the age of the mother, which could be 18 or 19 years old and still considered a teen pregnancy.</p> <p>This section is trying to explain the rules of Penal Code 261.5 which is entitled "unlawful sexual intercourse with a minor" and not "statutory rape." By using the words "rape"</p>

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			<p>and “assault” at the end of the page without defining and distinguishing them from Penal Code 261.5, the page conflates rape with “statutory rape” and this is confusing. In addition, if Penal Code 261.5 is addressed, information that provides greater legal context for this statute and its enforcement should be included.</p> <p>“Harassment” is never explicitly mentioned but the “Protect Yourself” activity on page 149 deals with harassing situations and how to deal with them, but this should be enhanced and discussed directly.</p> <p>Lesson 3 video is a great example of student-created media and is used effectively in this lesson.</p>
<b>Additional CA Education Code requirements that allow for implementation of the CA Healthy Youth Act</b>			
27	<b>Right to Obtain Confidential Services</b>  Requires school districts to “notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil’s parent or guardian.”  EC § 46010.1	<b>Provides the knowledge of the right for the pupil to be excused from school to obtain confidential services</b>	<b>Compliant: Yes</b>
28	<b>Resources and Rights for LGBTQ pupils</b>  Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided  EC § 234.1(d)	<b>Provides information about local resources, how to access local resources, and youth’s legal rights to access local resources that support LGBTQ pupils and their families</b>	<b>Compliant: No, needs minor modification.</b>  LEAs will need to ensure that local resources are provided. There are sample resources in the appendix.
29	<b>Affirmative Consent</b>  *required only if a health  Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative	<b>Provides knowledge of the affirmative consent standard and skills needed to establish boundaries in peer and dating relationships.</b>	<b>Compliant: Yes</b>

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education course is a graduation requirement	consent standard, as defined in paragraph (1) of subdivision (a) of Section 67386 EC § 33544(a)(2)		

### ADDITIONAL COMMENTS:

This curriculum could more strongly embrace the spirit of the law, with a focus on healthy relationships, sexuality as being a healthy part of who we are, and navigating actual relationship dynamics.

Overall this curriculum is missing citations and reviewers have some concerns about the data sources in some listed statistics. While we understand that data can become outdated quickly, it is much easier for a local education agency to make updates to curricula if they have the data source clearly listed. This is also critical to assessing the medical accuracy of a program.

The agree/disagree statements in lesson 4 ask very personal statements that pertain to young people's attitudes and beliefs and, thus, may be difficult to facilitate without appropriate teacher training depending on the tone of the classroom.

The parent letter emphasizes abstinence instruction, which is misleading and inappropriate. Parents should be given the full information about the coursework in as transparent a manner as possible.

This curriculum contains significant content that exactly matches the middle school curriculum. This instruction needs to build upon itself as students age, and not simply be repeated.