

# Curriculum Review Summary Report California Healthy Youth Act

## Published Curriculum

**Curriculum Title:** FLASH High School  
**Edition/Version:** Third      **Printing (Year):** 2015  
**Author:** Seattle and King County Department of Public Health  
**Website/contact:** http://www.etr.org/flash/flash-curriculum/

**Grades:** High School grades 9-12  
**Number of lessons:** 15  
**Cost:** Online license \$49.99/year/teacher. Binders \$89.99-\$99.99 per binder.  
**Training offered:** No

Criteria	Description	Compliance Assessment	Determination and Recommendations <small>Action/Curriculum adaptation needed to meet CHYA requirements.</small>
<b>A. CA Education Code Requirements starting Jan. 2016, CA Healthy Youth Act</b>			
<b>Alignment with and Support of CHYA Purposes</b>	<p><b>All instruction and materials must align with and support the purposes of the California Healthy Youth Act. EC § 51933 (c)</b></p> <p>All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of <b>Section 51930</b> and may not be in conflict with them.</p>	<p>(1) To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.</p> <p>[Reference: Instruction and Materials]</p>	<b>Compliant: Yes</b>
		<p>(2) To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.</p> <p>[Reference: Instruction and Materials]</p>	<b>Compliant: Yes</b>
		<p>(3) To promote the understanding of sexuality as a normal part of human development.</p> <p>[Reference: Instruction and Materials]</p>	<b>Compliant: Yes</b>
		<p>(4) To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual</p>	<b>Compliant: Yes</b>



## Curriculum Review Summary Report California Healthy Youth Act

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		<p>health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.</p> <p>[Reference: Instruction and Materials]</p>		
		<p>(5) To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behavior.</p> <p>[Reference: Instruction and Materials]</p>	<b>Compliant: Yes</b>	
<b>B. Instruction and Materials EC § 51933</b>				
<b>1</b>	<p><b>Age Appropriate Material</b></p>	<p><b>Instruction and materials shall be age appropriate.</b></p> <p><b>EC § 51933(a)</b></p>	<p>“Age appropriate” is refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on cognitive, emotional, and behavioral capacity typical for the age or age group.</p> <p><b>EC § 51931(a)</b></p>	<p><b>Compliant: Yes.</b></p> <p><b>Comments:</b></p> <p>Material is somewhat basic for high school level i.e. limited information about STIs (no mention of individual STIs).</p>
<b>2</b>	<p><b>Medically Accurate and Objective Information</b></p>	<p><b>All factual information presented shall be medically accurate and objective.</b></p> <p><b>EC § 51933(b).</b></p>	<p>“Medically accurate” means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field such as the federal Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists.”</p> <p><b>EC § 51931(f)</b></p>	<p><b>Compliant: No, needs modification.</b></p> <p><b>Comments:</b></p> <p><b>Full and detailed medical reviews have been given directly to the publisher/author.</b></p> <p>This curriculum contains one or all of the following: outdated information, inaccurate information, and/or uncited data.</p> <p>Per CA Education Code 51931(f), refer to the listed agencies' current websites for the most medically accurate and objective information.</p>

## Curriculum Review Summary Report California Healthy Youth Act

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3	Inclusivity Appropriate	Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities, and English learners.  EC § 51933(d)(1)		<b>Compliant: Yes</b>
4	English Learners	Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code.  EC § 51933(d)(2)		<p><b>All local educational agencies are required to ensure that curricula, including homework, are available to all student populations in primary language determined by previous year's language census data.</b></p> <p><b>Comments:</b> Parent materials are available in Spanish, Russian, Chinese, Vietnamese, and Arabic.</p> <p>Homework is available in other languages. Although family homework is available in multiple languages other than English, the actual lessons are not available in languages other than English.</p>
5	Youth with Disabilities	Instruction and materials shall be made accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instructions in alternative formats, and auxiliary aides.  EC § 51933(d)(3)		<b>All local educational agencies are required to ensure that curricula, including homework, are available to all students in formats and modalities that meet their students' specific instructional needs.</b>
6	Unbiased Instruction	Instruction and materials shall not reflect or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any category protected by Section 220.  EC § 51933(d)(4)		<b>Compliant: Yes</b>

## Curriculum Review Summary Report California Healthy Youth Act

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7	Sexual Orientation	<p>Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive of same-sex relationships.</p> <p>EC § 51933(d)(5)</p>	Affirmatively recognize that people have different sexual orientations.	<b>Compliant:</b> Yes
			Provides examples of relationships and couples that are inclusive of same-sex relationships.	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b> Lesson 6 discusses “how I want to be treated by my boyfriend/girlfriend” and this should be changed to “partner.”</p> <p>Lesson 6 includes a great note for teachers that the gender of volunteers for roleplays is not important and if teasing/stereotyped role-playing occurs in the classroom, instructors should address the issue.</p>
			Includes discussion of relationships and couples that are inclusive of same-sex relationships.	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b> A strength of the curriculum is that there are many scenarios presented throughout the curriculum with same-sex couples. The focus of these discussions is the topic at hand, rather than the actual nature of the same-sex relationship.</p>
8	Gender	<p>Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes.</p> <p>EC § 51933(d)(6)</p>	Teaches about gender, gender expression, gender identity, and explores the harm of negative gender stereotypes.	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b> Gender and gender expression are not explicitly defined in this curriculum. However, gender is thoroughly discussed in Lesson 5. Discussion of gender expression is missing.</p> <p>The curriculum should more strongly address that gender expression can change over time and gender expression is not be always associated with gender identity.</p> <p>There are missed opportunities in the section on male and female reproductive systems to address transgender</p>

## Curriculum Review Summary Report California Healthy Youth Act

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				people. There is a brief mention but it should be more in-depth. There is another missed opportunity to be explicit about transgender people in the gender stereotypes section.
9	Adolescent Development and Body Image	Instruction provides pupils with the knowledge and skills to develop healthy attitudes concerning adolescent growth and development and body image.  EC § 51930(a)(2)	Teaches and promotes healthy attitudes about adolescent development and body image.	<b>Compliant:</b> No, needs minor modification.  <b>Comments:</b> This curriculum has good lessons on communication skills, refusal skills and healthy relationships but it does not directly address adolescent growth (emotional or physical) or body image.
10	Communication with Parents, Guardians, Trusted Adults	Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so.  EC § 51933(e)	Encourages communication with parents, guardians or other trusted adults about human sexuality.	<b>Compliant: Yes</b>  <b>Comments:</b> Reviewers appreciated that every lesson includes (optional) family homework. Language instructs pupils to talk with their parents, trusted adult, etc. to determine their values.
11	Committed Relationships	Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage.  EC § 51933(f)	Teaches the value and prepares pupils to have and maintain committed relationships, such as marriage.	<b>Compliant: No, needs minor modification.</b>  <b>Comments:</b> The curriculum does not explicitly mention the value of committed relationships such as marriage.  In Lesson 4 there is misinformation in the video. Same-sex marriage is legal.
12	Healthy Relationships	Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.	Builds knowledge and skills to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.	<b>Compliant: Yes</b>

## Curriculum Review Summary Report California Healthy Youth Act

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		EC § 51933(g).		
13	Healthy Decision Making	Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.  EC § 51933(h)	Provides knowledge and skills for making and implementing healthy decisions about sexuality.	<b>Compliant:</b> Yes  <b>Comments:</b> Role playing in Lesson 14 is especially thorough.
14	Religious Doctrine	Instruction and materials <u>may not teach or promote</u> religious doctrine.  EC § 51933(i)	Does not promote religion/religious doctrine.	<b>Compliant:</b> Yes
<b>Content: Factual and Medically Accurate Information EC § 51934</b>				
15	Nature of HIV and STIs	Information on the nature of HIV, as well as other sexually transmitted infections and their effects on the human body.  EC § 51934 (a)(1)	Provides information on the nature of HIV and its effects on the human body.	<b>Compliant:</b> Yes
			<b>Provides information on the nature of other STIs and their effects on the human body.</b>	<b>Compliant:</b> No, needs minor modification.  <b>Comments:</b> This should be enhanced with more information regarding STIs. Individual STIs are not named or discussed; the lesson only refers to STIs in a very general manner. The lesson is missing information about the long-term health consequences of STIs.  There is no discussion on what causes STIs or the distinction between bacterial and viral infections. There is no information on the distinction between cure versus treatment.

## Curriculum Review Summary Report California Healthy Youth Act

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16	Transmission of HIV	<p>Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.</p> <p>EC § 51934(a)(2)</p>	Provides information regarding the transmission of HIV.	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b> The discussion of risk reduction for injection drug use is lacking. It is only mentioned as a way to prevent HIV infection and does not explain that not sharing needles and not injecting drugs is a way to prevent HIV infection.</p> <p>There is no discussion of levels of risk regarding sexual activity and the discussion of risk reduction of sexual activities is minimal (use a condom). There is no mention of reducing one's number of sexual partners.</p>
17	Transmission of STI's	<p>Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.</p> <p>EC § 51934(a)(2)</p>	Provides information regarding the transmission of other STIs.	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b> The curriculum includes a very minimal discussion of transmission of STIs (skin-to-skin transmission versus fluid exchange) and no discussion of how they are not transmitted or levels of risk for different behaviors. There is no discussion of HPV and hepatitis B vaccinations as a risk reduction strategy. Discussion of risk reduction of sexual activities is minimal (only to use a condom). Further, there is no mention of reducing the number of one's sexual partners.</p> <p>Curriculum needs to include information on IV drug use and prevention.</p>

## Curriculum Review Summary Report California Healthy Youth Act

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18	Abstinence from Sexual Activity and Drug Use	Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information on the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy  EC § 51934(a)(3)	Provides information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.	<b>Compliant:</b> Yes  <b>Comments:</b> The value of delaying sexual activity is often alluded to, and strategies to do so are often discussed, but the benefits of doing so are never fully defined. This curriculum could be strengthened if this topic was more explicitly covered.
			Instruction and materials provide information regarding abstinence from sexual activity being the only certain way to prevent pregnancy as well as provide information about the value of delaying sexual activity.	<b>Compliant:</b> Yes  <b>Comments:</b> The curriculum does not directly address the value of delaying sexual activity - only mentions that by being abstinent there are no concerns about getting pregnant or contracting an STI. This could be strengthened with more explicit information about the value of delaying sexual activity.
19	Methods of Protection, HIV and STIs	Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention.  EC § 51934(a)(4)	Provides information about the effectiveness and safety of the FDA approved antiretroviral medical intervention consistent with the U.S. Centers for Disease Control and Prevention.	<b>Compliant:</b> No, needs minor modification.  <b>Comments:</b> The curriculum needs to add information about PrEP and PEP for HIV prevention.
			Provides information about the effectiveness and safety of all FDA approved methods that prevent or reduce the risk of contracting HIV and other STIs.	<b>Compliant:</b> No, needs minor modification.  <b>Comments:</b> The curriculum needs to add information on vaccinations to prevent HPV and hepatitis B.
20	HIV Risk Reduction	Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.  EC § 51934(a)(5)	Provides information about the effectiveness and safety of reducing HIV transmission by decreasing needle use and needle sharing.	<b>Compliant:</b> Yes  <b>Comments:</b> Information on decreasing needle use and needle sharing should be more explicit.



## Curriculum Review Summary Report California Healthy Youth Act

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21	Treatment of HIV and STIs	<p>Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.</p> <p>EC § 51934(a)(6)</p>	Provides information about treatment of HIV and other STIs that can reduce the likelihood of transmitting HIV to others.	<p><b>Compliant:</b> Yes</p> <p><b>Comments:</b></p> <p>The curriculum would be strengthened with more information that treatment can make other STIs, including HIV, less severe, and that some STIs can be cured and some cannot.</p>
			Provides information how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>Lesson 12 says that "people with HIV can live for a very long time with the help of a doctor" but it is not fully explained. The curriculum also needs to add information about how treatment for HIV (antiretroviral therapy) can reduce the likelihood of transmitting HIV to others.</p>
22	Social Views About HIV and AIDS	<p>Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.</p> <p>EC § 51934(a)(7)</p>	<p>Provides discussion on social views and addresses myths and stereotypes about HIV and AIDS, and people living with HIV.</p> <p>Emphasizes the following required CHYA instruction.</p> <ul style="list-style-type: none"> <li>• That successfully treated HIV-positive individuals have a normal life expectancy</li> <li>• All people are at risk for contracting HIV</li> <li>• The only way to know if someone has HIV is to get tested</li> </ul>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>The curriculum does not address myths and stereotypes about HIV and AIDS.</p> <p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>HIV is discussed in the overall STI discussion.</p> <p>Lesson 12 states that people with HIV can live "a very long time" versus can have a normal life expectancy.</p> <p>Lesson 12 states that it is important for everyone to know about HIV but it does not explicitly state that all people are at risk for contracting HIV.</p>

## Curriculum Review Summary Report California Healthy Youth Act

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23	Resources and Rights to Sexual and Reproductive Health Care Access	<p>Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.</p> <p>EC § 51934(a)(8)</p>	<p>Provides information about local resources, how to access local resources, and youth's legal rights to access local resources for sexual and reproductive health.</p> <ul style="list-style-type: none"> <li>• Pupils' legal rights to access local resources for sexual and reproductive health care</li> <li>• How to access sexual and reproductive health care services</li> <li>• Pregnancy prevention and care</li> <li>• Testing and treatment for HIV and other STIs</li> <li>• Assistance for sexual assault and intimate partner violence</li> </ul>	<p><b>Compliant:</b> No, needs minor modification.</p> <p><b>Comments:</b></p> <p>LEAs will need to develop their own local resource list.</p> <p>While this is Washington state based curriculum and it does not provide California-specific resources, it does provide some national resources (which include ways to find local resources) and encourages teachers to create their own resource sheets containing all the required resources.</p> <p>Homework for Lesson 7 requires students to find local sexual assault/intimate partner violence resources.</p>
24	FDA Approved Contraceptive Methods	<p>Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.</p> <p>EC § 51934(a)(9)</p>	<p>Provides information on the effectiveness and safety of all FDA-approved contraceptive methods.</p>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>Not all FDA-approved methods are included, only those most commonly-used (according to the curriculum authors). Sterilization is missing and should be included.</p> <p>Female/insertive condoms are discussed in the condom lesson (Lesson 12) related to STI prevention but not in the birth control lesson (Lesson 10) related to pregnancy prevention.</p> <p>Information about IUDs is not current and needs to be updated.</p> <p>Withdrawal is presented as a birth control method. While not FDA-approved, this may be an important topic to cover to address student concerns and questions. However, the reviewers felt the framing of this topic was insufficient to address the disadvantages and difficulties of the withdrawal method. Recent research suggests that pre-ejaculate contains sperm, which makes this method fairly</p>

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			challenging to discuss accurately and appropriately for a high school population.
25	<p><b>Legally Available Pregnancy Outcomes</b></p> <p>Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following:</p> <p>(A) Parenting, adoption and abortion</p> <p>(B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code</p> <p>(C) The importance of pre-natal care</p> <p>EC § 51934(a)(9)</p>	<p>Provides objective discussion on all of the following legally available pregnancy outcomes:</p> <ul style="list-style-type: none"> <li>• Parenting</li> <li>• Adoption</li> <li>• Abortion</li> <li>• Information on surrendering physical custody of a minor child 72 hours of age or younger.</li> <li>• Importance of pre-natal care.</li> </ul>	<p><b>Compliant:</b> No, needs major modification.</p> <p>Information about adoption and abortion is minimal and there is no objective discussion about these required topics. Parenting is not discussed as a pregnancy option.</p> <p>California LEAs will need to bolster information on the Safe Surrender Law for California.</p>
26	<p><b>Harassment, Abuse, Violence and Trafficking</b></p> <p>Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p> <p>EC § 51934(a)(10)</p>	<p>Provides information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence and sex trafficking.</p>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>Curriculum is missing instruction on sex trafficking.</p>
<b>Additional CA Education Code requirements that allow for implementation of the CA Healthy Youth Act</b>			
27	<p><b>Right to Obtain Confidential Services</b></p> <p>Requires school districts to “notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil’s parent or guardian.”</p> <p>EC § 46010.1</p>	<p>Provides the knowledge of the right for the pupil to be excused from school to obtain confidential services</p>	<p><b>Compliant:</b> No, needs major modification.</p> <p><b>Comments:</b></p> <p>Modify to include California law regarding student release. California Education Code 46010.1.</p>

## Curriculum Review Summary Report California Healthy Youth Act

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28	Resources and Rights for LGBTQ pupils	Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided EC § 234.1(d)	Provides information about local resources, how to access local resources, and youth's legal rights to access local resources that support LGBTQ pupils and their families	<b>Compliant: No, needs major modification.</b>  <b>Comments:</b> Resources are not provided to students and youth are not informed of rights to access these resources.  Reviewers recommend the publishers make the middle school materials available in the high school version.
29	Affirmative Consent  *required only if a health education course is a graduation requirement	Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative consent standard, as defined in paragraph (1) of subdivision (a) of Section 67386 EC § 33544(a)(2)	Provides knowledge of the affirmative consent standard and skills needed to establish boundaries in peer and dating relationships.	<b>Compliant: No, however this is only a requirement for LEAs that have health education as a high school graduation requirement.</b>  <b>Comments:</b> Reviewers note this is not a requirement for every LEA. If an LEA has a health education course required for graduation, then this criterion is required.

### ADDITIONAL COMMENTS

In Lesson 3 – Pregnancy, assessment question #4 - INCORRECT ANSWER - Answer should be Both **B** & **C**, not **A** & **C** as the answer key states. Answer **A** could result in a crisis pregnancy center that does not provide medically accurate information or the full range of options for pregnancy.

This curriculum provides many resources for families and there is an option for students to do individual instead of family homework. The reviewers felt that the options for family/parent involvement were a strength of the FLASH curriculum.